

To: GCC Parents

Re: Afternoon Rest Time

For the health/safety of your child the following items need your attention. Rest time is an important part of your child's day and we want to make it as relaxing as possible. Children will rest 6 ft. apart or 3 ft. apart head/toe with the other child for distancing. Rest time is from 1:00-2:30. We will start each rest time off with a story and/or soft music as the children begin to relax.

- Please send a nap bag with your child's name on it for the items listed below
- **Small blanket** – please no larger than a beach towel
- If a cuddly animal is needed for rest time please send something small, it must fit in the nap bag, only **one item to be under 6" tall and washable**
- For health/safety of all send the above items on the first day of your child's attendance and take all items home on your child's last day of attendance for that week. **We encourage your child to have a nap cuddly that can stay in the nap bag all week and not go home on a daily basis**

PLEASE DO NOT SEND

1. Pillows of any size
2. Toys other than a soft cuddly item

Reminder:

Extended Day Children: Parents, don't forget to send a **morning snack** with your child along with their lunch and a water bottle if you want to include. Please label all items with your child's name. Water available for children in their classrooms and outside at all times. Pick up time for extended day children is 3:00. Please be on time. Check out will be in the front lobby of the preschool. Don't forget your cell phone to enable you to sign out through Brightwheel.

Full Day Children: Parents, please make sure that you send the **morning** and **afternoon snack** with your child's lunch and a water bottle if you want to include. Water available for children in their classrooms and outside at all times. Mark all items with your child's name. At this time we are trying to eliminate a lot of extra touching by school staff in preparation of snacks. Snack time will be about 3:30-4:00. Full day children can be picked up in the lobby of the preschool. GCC will close at 5:30 at least for the month of July. Don't forget your cell phone to enable you to sign out through Brightwheel.

Thank you for your continued support and prayers for the children, families and staff here at GCC. Please contact Mrs. Sherry if you have questions.